

# APEX SKATING ACADEMY

## STAR ACADEMY PROGRAM



STAR Academy sessions are an introduction to figure skating and are geared towards skaters working on STAR 1 Assessments. Skaters will learn the fundamentals in the 3 Areas of Skate Canada's STAR Program: Free Skate (Jumps and Spins), Skating Skills (Stroking and Field Movements) and Ice Dance. The STAR Academy will be taught in a group format by trained Skate Canada Professional Coaches in a fun and enthusiastic atmosphere.

**Eligibility:** Skaters working on STAR 1 Assessments.

\*CanSkaters working on Stages 4-6, with an interest in focusing on figure skating skills, are also encouraged to register for the **STAR Academy Program**.

	Day and Time	Cost
<b>Saturday and Wednesday (11 sessions)</b>	Saturday (2:50pm-3:50pm) – May 4, 11, 18, 25, June 1, 8 & Wednesday (5:30pm-6:30pm) – May 15, 22, 29, June 5, 12	<b>\$180+HST</b>
<b>Saturdays (6 sessions)</b>	Saturday (2:50pm-3:50pm) – May 4, 11, 18, 25, June 1, 8	<b>\$110+HST</b>
<b>Wednesdays (5 sessions)</b>	Wednesday (5:30pm-6:30pm) – May 15, 22, 29, June 5, 12	<b>\$90+HST</b>

\***Note:** All coaching fees are included in the cost of the STAR Academy Program.

**How to Register:** Registration will be completed online at <https://apex.uplifterinc.com> and accepted on a first come first served basis.

Registration Opens – **Wednesday, March 27, 2019 at 7:00PM**

Registration Closes - **Sunday, April 28, 2019**

### Program Dates and Locations:

SATURDAY		WEDNESDAY	
04-May	Robert French Memorial Stadium	15-May	CBS Arena
11-May	Robert French Memorial Stadium	22-May	Robert French Memorial Stadium
18-May	CBS Arena	29-May	CBS Arena
25-May	CBS Arena	05-June	CBS Arena
01-June	CBS Arena	12-June	CBS Arena
08-June	CBS Arena		

If you have any questions, please inquire at [apexskatingacademy@gmail.com](mailto:apexskatingacademy@gmail.com)

